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## The effect of Jainism on resident's body and mind with reference to the living space

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Selection of land is most important item in 'Vastushastra'. The selection depends on the qualities exhibited by the land and its effect on human physic and mind. The attributes of the land are responsible for the classification of land in various categories. Eight directions of land and its 'Brahmatatva' are researched for their positive or negative influence on resident in that particular land. There are strong and interesting relationship between Vastu and Prayer. Remedies for faults in house are suggested and the relief is assessed by taking the 'pre' and 'post' methods of 'Aura' (PIP Images) Photography. Namokara mahamantra (Jainism Prayer) plays vital role in such cases. The recitation of this mantra proves to be very significant. It provides self-protection. Bhaktambar yantra and mantra are proved to be equally powerful. Some of these are used for curing the diseases. It is attempted to delete evil effects of navagraha on the physic and mind of the residents by mantra of navagraha. Residents have observed to enjoy happiness, health and prosperity by chanting these mantra; which bring positive effects due to repetitive chanting. In this paper, we will analyze the vastu (Residences) of three persons afflicted with liver, Heart and Cancer. One suffered from Liver damage second deadly from pancreatic cancer and third has heart problem.

### **Biography**

Dr.Neesha Mahendra Kothari has completed her bachelor of Commerce in 1986 from, Pune University. Mphil in 2015 and PhD in 2016 from The open International University Complementary Medicines. Medicine Alternativa, Working as a Vastu Consultant since 2006.

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