

International Conference on**Restorative & Alternative Medicine****October 24-25, 2016 Chicago, USA****100 patterns of pulse for accurate diagnosis and healing in acupuncture****Sumita Satarkar**

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Pulse is one of the most important diagnostic tools used from ancient times, which needs accuracy and focus. Unlike any other faculty of medicine, this age old science of alternative healing is a study of 'energy' which neither can be measured nor can be seen. It can only be palpated at the wrist. Palpation and its interpretation bring detail analysis of energy and its patterns and thus further can be accurately diagnose the exact illness or disorder. This is called a pulse diagnosis. Because of the need of going deeper into my own understanding and knowledge, I started researching and studying this subject intensely and got some extraordinary results. Following is the brief summary of my findings so far as my research is going on at present. The pulse has dynamism, fluidity and changeability. It is multi-dimensional in depth, rate, rhythm, strength, shape, etc., reflecting the overall well-being in person, identifying the state of mind, emotional and spiritual health. This is the study of around 100000 patients which has shown me a clear, multi-layered and textured picture of these dimensions. This led me to go deeper into analyzing it further, to finally find approximately 100 definite patterns, proving as the most effective guiding tool in diagnosing the complete ill and/or otherwise condition of patients and help to understand the line of treatment and prognosis of the disease.

Biography

Sumita Satarkar has completed her PhD from Open International University for Complementary Medicines, Colombo and pursuing another Doctorate in Integrative Medicine at International Quantum University of Integrative Medicine, USA. She has presented more than 50 papers in national and international conferences in India and overseas.

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