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Role of Indian astrology in precautions, identifications and remedy of various diseases

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Introduction: Indian astrology is a very useful and path-leading ancient science. Indian Astrology is a powerful tool for finding solution for many health problems. There is a separate branch in Indian astrology called Medical astrology, which deals with native chart from health point of view. As per medical astrology, one's health is dependent on his/her ascendant sign, moon sign and on placement of seven planets in the birth chart. To prepare birth chart (Horoscope) person's accurate date of birth, time of birth and place of birth is required. I prefer Ashtakavarga system of predictions: Numbers and arithmetical calculation has great use in astrology for quick, accurate and effective predictions. Maharishi Parashar have referred to Ashtakavarga system in his great work 'Brihat Parashara Hora Shastra'. Indian Vedic astrology provides solution to simple physical problems to complex psychological problems of human beings through suitable Ayurvedic medicines, prayer (*Mantra*) and gems-*Rudraksha*. In ancient time astrologers have good knowledge of Ayurvedic medicines. There are more than 600 ancient literatures on Ayurveda. In ancient text of *Garuda Purana*, *Kurma Purana* and *Vishnu Purana* therapeutic use of gems- *Rudraksha* and prayer (*Mantra*) has been mentioned.

Objectives of Research Paper: The objectives of this study are to: 1) Discuss role of Indian astrology for precautions, identifications and remedy of various diseases; 2) Suggest different rules as per Vedic astrology for proper selection of suitable Ayurvedic medicines, prayer (*Mantra*), and gems-*Rudraksha*; and 3) Examine effect of Ayurvedic medicines, prayer (*Mantra*), and gems-*Rudraksha* in curing diseases.

Biography

Narendra Umrikar has completed his Bachelor of Engineering in 1992 and PhD in 2010 from the Open International University for Complementary Medicines. He is the Director of Vastu Spandan, a premier Astro-vastu-spiritual service organization. He has published a book, 1 android application on *Vastu Shastra* and 1 Software of Mathematical Astrology predictions and he has been serving as a Trainer and Consultant.

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