

International Conference on

Restorative & Alternative Medicine

October 24-25, 2016 Chicago, USA



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Swasthya Santulan Medi Care Pvt Ltd, India

Workshop: Discover yourself a journey to the well-being and healing

This is a workshop which can be called as a retreat of wellbeing and management of stress and pain by Acupressure

In this workshop we will be focusing on following topics:

- Definition of well being
- Philosophy of Acupuncture & Acupressure
- Difference between Acupuncture & Acupressure
- Concept of Chi – Vital Energy
- Concept of Energy centres & their co-relation with Endocrine glands
- Concept of energy imbalance, manifestation of disease
- Causes of Disease
- Theory of Stress
- Theory of emotional congestion and release
- Demonstration of stress & pain release by Acupressure

Concept of Love and harmony

- Triangle between divinity , purity and healing
- Concept of grief and disharmony
- Stress management

Pain Management

- Preventive Modules for achieving Peace, Harmony and well being
- Q & A session.

Biography

Sumita Satarkar has completed her PhD at the age of 39 years from Open International University for Complementary Medicine , Colombo and doing another Doctorate and Phd in Integrative Medicine at International Quantum University of Integrative Medicine , USA. She has presented more than 50 papers in National and International conferences in India and overseas. She is Founder and Director at Swasthya Santulan Medicare Pvt Ltd in India and highly acclaimed in Pulse diagnosis.

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