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Evidence based acupuncture? The study of acupuncture based on Korean hand acupuncture

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Physicians and scientists need evidence based acupuncture study but this is not a simple task. There are many issues when applying acupuncture into practice and research. This is because they do not demonstrate well defined concepts of the role of acupuncture. They also have no standardized diagnostic and therapeutic methods based on principles and theories. Therefore a lot of controversies regarding the efficacy of acupuncture were published, which caused confusion among them. We highlight the importance of well interpreted principles and theories for solving these problems. The circulation of blood should be the core of acupuncture study. Korean Hand Acupuncture Therapy (KHT) is new developed and easy to teach, learn, practice and research when compared with other acupuncture modalities. We investigated the definition and role of acupuncture and its principles and theories, and studied KHT using thermography, transcranial Doppler and fMRI. We have studied the anterior and posterior blood circulation of the brain to prove the mechanisms underlying acupuncture. A positive future exists for acupuncture research and development within conventional medicine.

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Correction of the location of points SJ-21, SI-19 and GB-2 in otitis treatment

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The goal of this clinical study is to improve the location of points in order to obtain a precise, accurate and exact result for treat otitis. More and more people come to me for treat pain in the ear like as case of otitis media. Not satisfied with the results obtained from the common protocol SJ 21 + SI 19 + GB 2, I started a research on the subject, realizing me that the problem was not the point but its location. Knowing that there is some difficulty in finding the right location, I dedicated myself to dissecting corpses and decoding of Jia Yi Jing texts. Located points behold, I started to redirect the treatments with this new location, and the results were very encouraging with answers to come from the 60% improvement in pain to the complete removal of pain, better than using the same technique but with the previous location. One correct anatomical and scientific location of points is SJ 21 + SI 19 + GB 2 to obtain better results in the treatment of otitis. This change in clinic result in more that 60% without pain after 1st treatment. Patients describe as a mild sensation of pain relief during treatment. In 88% of cases the result was above 90% pain relief, and only one case had only 60% of relief. The results arrive at 100% after the 2nd session. Compared to the previous method he felt that no one relief of 100% and the average result was pain relief in 70%.

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