

4th Global Acupuncture & Therapists Annual Meeting and International Conference on Holistic Medicine & Holistic Nursing

July 14-16, 2016 Philadelphia, USA

The biophysics of acupuncture- Bonghan ducts, primo vascular system and Cherenkov radiation

Francisco Vianna Oliveira Filho
University of Campinas, Brazil

Biophysics is today an essential science to understand the principles of acupuncture and its effects in human health. The visualization techniques of the meridians energetic flow from Kim Bonghan together with the concept of primo vascular system of micro-embryology helps to understand the energy and informative flow of bioregulative information in the body as for many years that the Chinese energetic medicine and TCM has postulated. The integration to biophysics is a modern science, the quantum approach and new studies of how the different aspects of radiation are connecting the body through information systems. For example how the laser effect and the Cherenkov radiation allow the flow of information in the meridian system is today a very demonstrative effect on the function of the bioregulative system that acupuncture is related to. The understanding of the biophysics process and its regulative feed-back process is also a study to relate to acupuncture theoretic basis of understanding the principles of Chinese medicine and its functions.

fvianna7@gmail.com

A pilot study comparing acupuncture with acupuncture & moxibustion in the treatment of lymphoedema: A mixed method approach

Helen Fox
University of Westminster, UK

The use of complementary alternative medicine (CAM) has gained in popularity. Studies have shown that one of the reasons cited for this popularity is that this healthcare system seems to be more congruent with user's own values, beliefs and philosophical orientations towards health. One in five persons surviving breast cancer will develop lymphoedema and the current gold standard of treatment is Complete Decongestive Therapy (CDT) which can be often being cumbersome and lead to non compliance. It is well documented that lymphoedema isn't just attributed to swelling; as well as an increase in limb size, the swelling can cause mobility problems, pain, and have a profound effect on the psychological wellbeing. How can acupuncture offer an integrated approach to lymphoedema? I will present the quantitative and qualitative data from my research. Through using a standardized point prescription volume reduction was achieved for all participants. The quantitative and qualitative data also highlights that acupuncture and moxibustion was effective in addressing the physical and psychological components associated with lymphoedema. For patients, this would not only give them more treatment options to make informed choices, but could give them the opportunity to empower themselves toward their treatment goals and long-term care.

info@helenfox.co.uk