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Using the Qi Jing Ba Mai (Eight extraordinary vessels) to treat a patient's chronic disorder and finding out that it positively impacted on five generations of this patient's family

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In 2004, I treated a 46 year old patient for a chronic cough as a result of a severe case of pneumonia she had suffered in 1986. I tried everything acupuncture had to offer starting with standard pattern of disharmony differentiation; when relief didn't last longer than a week I researched text books and the internet. I searched for other treatment methods, the best points to needle, and clinical trials, for cough. I tried all of these systems, methods, points and she still only got short-term relief. So I encouraged her to try other therapies such as herbs, Naturopathic remedies, and dietary changes. After all this effort for minimal benefit I tried the extraordinary; I used the *Qi Jing Ba Mai* (Eight Extraordinary Vessels), which will be the discussion of this presentation. I will outline my patient's signs and symptoms and explain the treatment I used. Apart from her cough ceasing, other extraordinary things started happening to her family (whom I didn't treat) as a result of using the *Qi Jing Ba Mai*. To date (having treated patients since 1992) this case is still the most phenomenal one I have ever had in clinic. By unlocking my patients *Qi Jing Ba Mai*, I released a family genetic firestorm that positively impacted everyone it touched across five generations.

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The importance of philology and nomenclature in Chinese medicine: The example of Shen in the Han dynasty and the Warring states period

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Standardization has been a pivotal point in authenticating Traditional Chinese Medicine. The variety of terms that have been used over the past few decades has varied from Wiseman to Macciocia. Point function and point usage can have clinical, empirical, and a historical context within the descriptive naming of. Confusion can often arise from one who is first learning or even from an advanced practitioner as to efficacy, usage and function of a particular point. As a very wise good teacher of mine once said, "In order to study Chinese Medicine from the Classics, one must understand the mind of the person of those times." The word Shen has such a strong loaded meaning when placed in usage in our modern times. Used from a Psychological standpoint, the phrase "Shen disturbed" has become a diagnosis that can have multiple degrees of understanding. We may jokingly or seriously use it, in a Flawsian manner, but do we really understand to meaning of the word Shen or even the pattern. We must uncover, a more historical context of the Chinese that we use in our medicine so as to better ascertain exactly we it is that we are looking for in diagnosis, and eventually in treatment.

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