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Comparative study of hormone replacement, including transdermal and oral bio-identical natural hormones and homeopathic hormone stimulation and rejuvenation using salivary testing as a diagnostic tool

To determine if homeopathy and specific homeopathic formulas could help women's hormonal symptoms, reactivate the HPA axis communication thus producing normal hormone levels and if so, to what degree would it be effective. Homeopathy is a 200 year old proven and FDA approved method for curing disease. Individual ingredients in the formulas are listed as OTC in the Homeopathic Pharmacopoeia of the United States meaning that they are proven effective. The Homeopathic Pharmacopoeia of the United States (HPUS) is the official compendium for Homeopathic Drugs in the USA. Female patients were in the following phases of their life: cycling with PMS, premenopausal and postmenopausal, including women with partial or complete hysterectomies. 60% or more of the patients were using or had used some type of HRT in the last 3 years; DHEA or pregnenolone, herbal therapy, cortisone or other types of medication, birth control pills, or IUD's which secrete birth control hormones. Approximately 40% of patients were not using or were not aware of exposure to or used HRT in their lifetime. Using a 24-hour circadian salivary testing with specific testing times, thousands of saliva tests were submitted by patients/clients of health providers directly to independent CLIA licensed laboratories. The factors used in the analysis of hormonal ratios on each individual test result included age, medical history of surgical procedures such as partial and/or complete hysterectomies, genetic information, diet, exercise (lifestyle), medication usage, including any type of hormone replacement usage (HRT and BHRT).

Biography

In 1992 Dale founded The Wellness Center for Research and Education, Inc. The California College of Natural Medicine (501C3) was then founded to train health providers in advanced Biological Medicine, Dale has authored two books "Revitalize Your Hormones; Dale's 7 Steps to a Happier, Healthier and Sexier You" and "Transform Your Emotional DNA, *Understanding the Blueprint of Your Life*".

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