

Indian childhood cirrhosis (icc)

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A case study was conducted in our hospital on a boy aged 9 months who was diagnosed to have Indian childhood cirrhosis and marked improvement was noted with Ayurvedic treatment.

Initially the boy was presented with:-

- Swelling in abdomen
- Fluid collection in abdomen
- Lack of appetite
- Developmental delay
- Elevated liver enzymes & AFP

LINE OF TREATMENT

1. The case was taken as Vata vriddhi in pitta sthana and kumba kamala chikitsa & vataja yakrit vikara line of treatment was followed.
1. Drugs which are deepana, tikta madhura rasa, yakrit vishesha and rasayana in nature were administered.

The following drugs have been found very effective in the above said case study:-

1st phase:

1. Punarnavadi kashayam + guluchyadi kashayam
2. Dugda vati
3. Kalyanaka gulam

After 1 week

1. Drakshadi kashayam
2. Bringaraja choornam
3. Drakshadi lehyam

2nd phase:

1. Mrd vikadi kashayam + mahaiktaka kashayam
2. Brihatyadi paneeyam
3. Kavisalai karpam
4. Kalyanaka gulam + drakshadi lehyam

3rd phase:

1. Brihatyadi kashayam + drakshadi kashayam
2. Kavisalai karpam
3. Guda pippali lehyam

4th phase:

1. Laghu pancha moola ksheera kashayam
2. Sarapunga lehyam

Result: The patient got tremendous relief. The treatment duration was 4 yrs. The liver enzymes and AFP returned to their normal levels. There was reversal of portal hypertension, reduced coarseness & nodules in liver parenchyma. The entire detailed of the case study with documentations will be presented in the national seminar to be held shortly.

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