

## Homoeopathic approach in the treatment of anal fissure

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Fissure-in-ano has been recognized as a common cause of anal pathology for many years. An anal fissure is often reported after a hard bowel movement passing through the anal canal possibly causing a stretching and tearing of the anal skin.

It is with extreme trouble and great difficulty that the patient presents himself to the doctor for consultation, advice and treatment. On the other hand, if he is not bothered by any great difficulty, he does not pay any heed to it, its causes, its implications, sequelae or effects on his system, on his general health and on his life itself.

The necessity to recognize it even in its painless and mildest form, will give the patient an early opportunity to take care of himself in a proper manner to safeguard against serious trouble and its grave complications. The attention to this matter will serve as preventive treatment and afford measures to check the development of great misery.

As homoeopaths we believe that our tenets are based upon a law of nature and that we are the possessors of the only positive system of cure in existence. That it is so true in its action, so universal in its application, that it alone meet all the requirements for general practice, as it should be able to cure all curable ailments and must be the best treatment for the disease in cure and indeed the complicated cases should not be too quickly turned over to the surgeon, simply because they are such, since surgeons heal it up at once and for a time the patient is comfortable, but in a few years he breaks down.

In such a common prevalent so called surgical condition the conventional system has a limited scope other than dilatation and this apart from being a cumbersome procedure is not a permanent solution always.

The fissure is the result and expression of constitutional ailment and not a traumatism. The case is one demanding a careful prescription for all the symptoms, and if nature does not revenge herself for the outrage on some more vital part, the patient must be considered very fortunate.

Homoeopathy gives effective therapy that can correct small imbalances long before the appearance of the more serious symptoms, which denote a particular disease. It is necessary for a homoeopath to wait for a conventional diagnosis before treatment can commence and many illnesses can be nipped in the bud and the patient swiftly restored to health before a more serious disease appears.

Homoeopathy is very effective in treating dryness of mucous membrane and related problems. It gives immediate and long lasting relief. Homeopathy not only helps to relieve constipation permanently but helps to clear related complications like piles, fissures, etc. due to constipation.

Homeopathy believes that each patient is different in his own way and requires different medicines according to his body constitution. Homoeopathy treats the patient as a whole; it treats the sick not the sickness.

Homoeopathy as a system of medicine deals in such diseased condition in a constitutional way in the approach of the treatment of anal fissures.

### Biography

Jayanti A. Kulkarni completed her Bachelor of Homeopathic Medicine and Surgery in the year 2000, and M.D. (Hom.) in the year 2009, both from Bharatesh Homoeopathic Medical College, Belgaum, Karnataka. Presently she is working as Lecturer (Surgery Department) in Virar Homoeopathic Medical College, Virar, Maharashtra, since 2009, and has been practicing homoeopathy as well.

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