

Ayurvedic management for diabetic foot ulcer

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In modern era sedentary life style attributed a lot of stress and over nutrition which made diabetes , as one of the most prevalent diseases in the world. Foot complication and amputations represent one of the most important among all the long term problems of diabetes medically, socially and economically. More than 60% of diabetic ulcers are the result of underlying neuropathy characterized by neurogenic ulcer. The diabetic foot ulcer can be considered as Dushta vrana in Ayurvedic classics and the need to look for the management through Ayurveda. Acharya Susruta who is the father of surgery mentioned Jaloukavacarana as a treatment in Dushta vrana. The study was conducted in 30 subjects with Jaloukavacarana along with Kaishora guggulu as internal administration. The aim of this work is to enlighten scientific world about Ayurvedic solutions to carry on further studies on Diabetic foot in Ayurvedic lines.

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