

## Vajikarana: Need of study of kamashastra for enhancement and better understanding

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Ayurveda, the immortal science of life is the first ever medical science on the crust of mother earth. Our ancient sages had very scientifically classified it into eight branches by the virtue of which it is also well known as 'Ashtanga Ayurveda'. Various texts were written dedicated to the individual branch amongst all of the above but very few of them could survive in the flow of time. Before explaining the line of treatment, Acharya has mentioned and explained 'Rasayana' and 'Vajikarana' adhyayas containing four-four Padas each to imprint their importance on the mind of Vaidyas.

Although being very important in the clinical perspective, this unique branch has remained a little undeveloped because of certain reasons. To get a helping hand from the allied science is very useful in such condition.

Kamashastra is an ancient Indian science of Sexology. While dealing with own subject, the science mentions various aspects of Vajikarana like VrishyaAahar-Vihar-Aushadhi as well. Unique concepts like '64 Kalas' and 'Chandrakala' are also derived from these texts which are further useful for Vajikarana. Apart from 'Kamasutra' of Vatsyayana, many other authentic works have been done in this field. Analytical study of Vajikarana from Ayurvedic compendia and Kamashastra texts will be useful to understand Vajikarana as an 'Individual Branch'. Also, it will be a 'stepping stone' to provide new horizon to Vajikarana.

### Biography

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