

Perceiving adolescence: The age of emerging problems

Momin Gurfa, Somwanshi Sneha and Yogesh D. Niturkar

KSPM's V. K. Homoeopathic Medical College & Hospital, India

Many of today's and tomorrow's problems of young generation are of substance abuse, rash driving, road accidents, violence, temper tantrums, early exposure to sexual experiences, pregnancy, sexually transmitted diseases, etc., which are due to poor mental health of the young people. In most of the low and middle-income countries, mental health services are severely short of resources, both human and financial. This is an attempt to address issues of young people and the measures for mental health promotion of the youth and adolescents so that we can teach ourselves and others about the real nature of the behavior so that the sleeping soul can be roused to self conscious activity for the betterment of the society.

yogeshdn@rediffmail.com