

Management of gingivitis in Ayurveda

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The Oral cavity works as reflector of the body health by acting as the gateway of the alimentary canal. It is considered to be one of the most important part of the Urdhwa jatru. Gingivitis is most prevalent disease of gums due to the improper cleaning, habituation of Pan, tobacco and Gutkha chewing, using of different types of toothpaste and brushes, deficiency of Vit-C and using systemic drugs and cosmetics. If it is neglected it gums suppurate quickly leads to chronic stage. Danta pupputa can be considered as Gingivitis as its near correlations of its signs and symptoms. Nowadays Gingivitis is one of the most commonest diseases of the mouth. If the disease is not treated in time it may lead to erosion of gingivae, loosening of the teeth, pyorrhea, necrosis and leads to other systemic disorders. In the management of Gingivitis scaling and systemic antibiotics along with local antiseptics is the method of choice. But the response is not encouraging. So to combat the problem ancient classics suggested Pratisarana and Gandusha. These are the exclusive procedures in line of treatment of Gingivitis. The aim of this work is to enlighten scientific world about Ayurvedic solutions to carry on further studies on gingivitis.

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