

## Comparitive clinical study on the efficacy of jaloukavacharana in the management of *Dusta vrana* w.s.r. venous ulcer

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The ever changing global conditions had led to stressful life which leads to many health problems. Prolonged standing and loss of active movements leads to the vascular disorders. Among the vascular disorders of the leg, the common condition seen is venous ulcer.

In Ayurveda, venous ulcer comes under dushta vrana which means a non-healing chronic ulcer. Even today, Susrutha's concept in the management of wound healing by *Jaloukavacharana* is unsurpassed. The aim of the study is to compare the efficacy of jaloukavacharana among the patients of dushta vrana (venous ulcers) who were randomly selected from the inpatients and outpatient department of Shalya tantra, PGunit, Govt. Ayurvedic Hospital, Hyderabad. All the 30 patients were divided into two groups- Group A: *Jaloukavacharana* for every 15 days and daily dressing with *Viparithamalla thailam*. Group B: Only daily dressing with *Viparithamalla thailam* for the period of 90 days. The results were much better with jaloukavacharana regarding all the parameters.

### Biography

K. Rudrama Devi, completed her B.A.M.S from B.R.K.R Govt. Ayurvedic Medical College, Hyderabad. Presently she is persuing post-graduation in *shalya* department in B.R.K.R. Govt. Ayurvedic Medical College, Hyderabad.

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