

Concept of shwasan prakriya (respiration) in ayurvedic and modern perspective

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The concept of shwasan prakriya (respiration) has been exclusively explained in sharangdhar samhita. Considering anatomy, physiology, and treatment aspect of respiration, this concept will be co-related with modern consideration of respiration and will be discussed during seminar.

Biography

Anagha Udaikumar Barve is M.D. Scholar, Department of Sharir Rachana, Hon. Shri. Annasaheb Dange Ayurvedic Medical College, Post Graduate and Research Centre, Ashta, Walwa, Sangali and participated in different national and international conferences.

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