

## Unani murakkabat (formulations): Need of modification

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**I**lmul Advia (Pharmacology) is backbone of Unani system of medicine. It includes evaluation of drugs (identification, cultivation, collection, storage) etc. on one hand its action and uses on other. In relation to Pharmacognosy, Pharmacology and pharmacy of modern stream, it is much wider and comprises Kuliyat Advia, Mufradat, Murakkabat, Saidla and Kushtasaazi. Murakkabat, Saidla and Kushtasaazi have wide field of work but very little is being done. Murakkabat (Compound formulations) need to be modified.

**Ingredients:** Certain preparations contain more than 40 or even 141 or more ingredients. It is very difficult to justify their presence, furthermore some drugs are not available and these should be excluded from the formulation. Some drugs are repeated in the name of other drug or with same chemical composition.

**Preparation method of drugs:** We should prepare drugs on standard parameters to compete the world. As in preparation of Kushta, heat should be given in terms of temperature regulated by computer but still now we are doing in terms of weight of dung cake. Sherbet majoon and other preparation of sugar must be replaced with sugar free, which will be safe to diabetic and other such patients.

**Toxicity Study:** Kushta and other poisonous drugs should be evaluated for their toxicity study, so that their indications and contraindication may be established. By describing these facts, it is need of time to evaluate the drugs on such parameters, that principles of Unani System should not be neglected.

## Biography

Hifzul Kabir has completed his M.D. from Aligarh Muslim University. He guided research scholars pursuing their M.D. He has published 8 books as text books, monograph and seminar proceedings, 48 papers in reputed journals and more than 20 articles and serving as editorial board member of reputed journals. He worked as Reader in National Institute of Unani Medicine Bangalore. He organized international, national conferences. He presented more than 22 papers in different international and national conferences/seminars. He has worked on several research projects. He was expert member in different committees not only his university but other universities/central council of Indian Medicine.

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