

International Conference on

Complementary & Alternative Medicine

October 17-18, 2018 | Las Vegas, USA

How foods provide protection and repair from EMF and solar radiations

Elizabeth Plourde

California State University, USA

Description: The protective barriers on our cells, brain, intestines, and placenta can no longer prevent damage from chemical toxins, as electromagnetic radiations (EMF) create holes in these protective barriers, allowing toxins (e.g., sunscreens) to disrupt fetal programming and brain functioning. This presentation provides safe, easy ways to reduce EMF's toxic impact.

Course Objectives: To bring awareness of the toxic effects of wireless radiations and sunscreen use in our society today that are so accepted to be normal. To recognize how the proliferation of wireless radiations along with the promotion of sunscreen use have allowed these environmental toxins to permeate our entire environment, residential and business, therefore influencing all life, starting with conception and progressing through adulthood. To learn how foods can be used as antioxidants to prevent the damage as well as repair damage that has been created.

Learning Outcomes:

1. Learn EMF radiations from cell phones, and Wi-Fi, etc., create changes in every area of the brain.
2. This presentation will demonstrate how EMF radiations disrupt the immune system.
3. To learn that cell phones near the mouth with silver amalgam fillings release mercury and recognize the symptoms of mercury poisoning
4. Learn how sunscreen chemicals can disrupt sexual development, and being strongly anti-testosterone how they impact the development of the male brain and male characteristics.
5. To discover how chemical sunscreens disrupt the exquisitely sensitive fetal thyroid development, and autistic children often demonstrate thyroid disruption.
6. To understand that all sunscreen chemicals are toxic for all life, including those labeled as "Kid's Safe".

Skills Obtained:

1. Identify the strongest sources of EMF radiation, and how to repair the damage from their impact easily and inexpensively.
2. Quick changes in lifestyles that will reduce EMF radiation exposures.
3. Learn the foods that provide natural, safe protection from solar and EMF radiation, eliminating sunscreen expense.

elizabeth@newvoice.net