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Pathogenesis, diagnosis and homoeopathic treatment of renal calculi among rural population

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Statement of the Problem: Renal Lithiasis is hard to deposit made of minerals and salts that are formed inside the kidney. It causes severe pain due to stones formation in the urinary tract. The problem is more prevalent among the poor population in developing nations with less awareness and limited health services. The present treatment for kidney stones is surgery which is quite expensive for such a population and there is also a high probability of reoccurrence. Considering the present scenario, a study was conducted on 90 patients. They were screened for renal stones using diagnostic techniques ultrasonography, X-ray, urine examination. Out of these 75 patients were enrolled for the treatment. The symptoms pertaining to renal calculi were accessed before and after treatment. Dysuria and hematuria were graded from 0-3 as per intensity of complaint. Sizes of calculi were graded as per number size and position of calculi. The difference between the score was accessed by a paired t-test.

Methodology & Theoretical Orientation: The Case study, individualization of each case was done during the preliminary examination. Subsequently, the selection of the remedy, potency selection was done according to HPI (Homoeopathic Pharmacopoeia India) rules. The second prescription was given to patients with less significant improvement and aggravating patients

Findings: The patients in the present study were treated with different homeopathic medicines according to the selection of remedy. The medicines which have shown promising results were Berberis Vulgaris, Lycopodium, Belladonna, Cantharis. Complete expulsion of calculi in 80% cases and in 20% cases there was a positive response in dissolution. It was found that with careful examination, homeopathy has shown promising results in treating renal calculi patients. Homeopathy is a suitable alternative to conventional treatment for renal calculi with respect to affordability and chances of reoccurrence.

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