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Cassia Sophera – The unearthing poly crest

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The plant is found throughout India and in most tropical countries. It is common in waste lands, on roadsides and in the forests. Root bark is used for preparation of the medicine. It has been used by ancient Indian physicians for its efficacy in respiratory disorders. Dr. B.K. Basu has proved this drug on himself. He has also recommended in common cold and asthma. Cassia sophera is represented in around 49 Mind rubrics in Synthesis repertory and all together 1231 rubrics in entire Synthesis repertory, yet the medicine remains underused. Cassia sophera is widely used for its anti-allergic properties. Its ability to bring down Immunoglobulin and Eosinophilic counts is well documented. But Cassia sophera still remains under proved and underused, mother tincture earns good results in most of the cases. Central Council of Research in Homeopathy has given extensive proving of this medicine yet the clinical use remains restricted. The clinical verification of constitutional features of Cassia sophera is done in the study and many symptoms were re-confirmed. Cassia sophera was used in number of cases from Migraine, Sinusitis, IBS, Haemorrhoids, Tinea Cruris etc and results showed that Cassia sophera still remains very much unearthing and underrepresented in Repertory. Illustration of cases in which Cassia sophera is successfully used and available remedy portrait is constructed.

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