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## Biofield enhanced vitamin D3 research: Improved bone health activity in Mg-63 cell line preclinical trial

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The National Center of Complementary and Integrative Health (NCCIH) has recognized and accepted Biofield Energy Healing Treatments as a complementary and alternative medicine (CAM) health care approach. Human Biofield Energy is a subtle energy with a capacity to enhance biological processes and outcomes. This energy can be harnessed and transmitted by the gifted individuals into living and non-living things via the process of a Biofield Energy Healing Treatment or Therapy. In a 2017 research study using MG-63 cell lines, Karen Allen provided this Biofield Energy Healing Treatment remotely from the United States while the Vitamin D3 test samples were in the research laboratory of Dabur Research Foundation, near New Delhi, India. The Biofield Energy Treatment was administered remotely for 5 minutes, directed to the test samples under laboratory conditions. In this study, Karen Allen never visited the laboratory in person, nor had any contact with the test item and medium. The research results, published in Trends in Technical & Scientific Research May 2018, document beneficial impact of biofield energy healing treated Vitamin D3 on the strength and health of bone cells. The preclinical research shows:

- Over 190% increase in collagen levels compared to controls
- Over 154% increase in bone mineralization compared to controls

These research results add to the growing body of clinical results confirming the efficacy of biofield energy as a therapeutic tool.

### Biography

Karen Byrnes Allen, CCH practices in San Francisco, working primarily with endocrine and reproductive health issues since 1994. She is a graduate of Texas A&M University. she was formerly adjunct faculty at Bastyr University, she is now a faculty member at Phoenix Institute of Herbal Medicine and Acupuncture. She speaks at seminars and conferences in Europe and North America. She is a past president of the Council for Homeopathic Certification, former education director for Homeopaths Without Borders (NA) and a member for the Integrative Health Policy Consortium's Integrative Pain committee. Her most recent publication is Oxford University Press' Integrative Sexual Health (Ch 19).

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