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Holistic includes the heart too: Homeopathic assessment of heart rhythms

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Kupat Cholim Leumit, Israel

The goal in homeopathy is to find a “similar” substance in nature which, when applied homeopathically to the patient, stimulates the body to recognize and overcome illness. To find the correct remedy, a practitioner must collect symptoms relevant to every organ and system, mind and body. Ideally, the evaluation should include both a physical examination and a holistic interview. In practice, the physical examination component is often neglected. This is a lost opportunity. As the homeopathic masters knew, a specific physical finding can be a decisive factor in distinguishing between candidate remedies. This talk will address symptomatology which can be elicited by a stethoscope, by pulse, or by ear: the heart rhythm. The lecture will include a discussion of various heart rhythms, interesting rubrics and remedies, and a case from the lecturer’s own practice.

Biography

Janice Block is a medical doctor and integrative physician with over 20 years of experience in clinical medicine. She is the author of *Cardiac Examination in Homeopathy: A practical approach to examination, in the tradition of the homeopathic masters*. She has written multiple articles on integrative medicine for *Connections Magazine*, *Nizat Magazine*, and *hpathy.com*, and is a regular speaker for the *Whole Health Forum, Israel*. She completed advanced training in homeopathy through the *Segula Academy in Zichron Yaakov, Israel*. She is board certified in *Pediatrics, Classical Homeopathy, and Naturopathy*, and is a licensed medical hypnotherapist. She practices integrative medicine in *Beit Shemesh, Israel*.

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