

3rd International Conference and Expo on

Natural, Traditional & Alternative Medicine

September 24-25, 2018 | Montreal, Canada

Body wisdom: Partnership of humanity, nature and the global brain

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Statement of the Problem: Most people do not understand the wisdom of their bodies. When the body experiences pain or disease, most people hit the panic button, instead of realizing that the body is trying to make them aware of something they need to know to both evolve and be happier. They make decisions about treatments based on fear, the desire to avoid the experience rather than benefit from it, or on the mistaken idea that getting rid of the symptoms gets rid of the underlying cause. Mary's presentation will clarify the following aspects of body wisdom:

- Multi-level awareness
- 35 senses
- Physical sensations
- Body is evolution's bottom line
- The wisdom of disease
- Body is hologram of all human beings, groups, the planet itself
- The humor of the body
- Why do so many of us not listen to our body's wisdom?
- How to learn body wisdom
- Body wisdom in the 21st Century

Biography

Mary Elizabeth Swaine is a Doctor of Naturopathy and of Therapeutic Counselling. She is also Colour & Sound therapist, Intuitive Radionics, Hypnotherapist, Massage Therapist & Reflexologist. She is Principal of Intuitive Energetics, and teaches self development and therapies including Naturopathy, Colour/Sound, Soul Therapy, Pathology & Nutrition, The Wisdom of the Body, Healing Emotional Trauma, Healing Relationships, Development of Intuition, Creative Self Expression, Bodywork, Energy Work, etc. in North America, Europe, Asia, Africa and the Middle East. She has written 14 therapy books, 11 children's books, and produced 3 CDs. Her paintings, drawings & prints have been exhibited in major European and North American galleries & museums. Her published works include Healing Emotional Trauma, Healing Relationships, Soul Level Therapy, Self Work for Healers, Healing the Planet & its' Inhabitants with Group Energy, The Wisdom of the Body, Intuitive Art Therapy, etc. She has over thirty years of experience as teacher and therapist.

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