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Role of homoeopathy in female troubles

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Role of Homoeopathy in Female Troubles: Female troubles is a common condition that includes various hormonal changes at puberty, menarche, pregnancy until menopause. Researches have supported that women with great physical and mental stress have disturbed menses. Female life is divided into 3 phases. Firstly, birth to puberty, secondly, puberty to adult, thirdly, menopause or climacteric. Hence girls should be given proper diet, routine health checkups. Women suffering with acne, dysmenorrhoea, PCOD, regular U.T.I need proper treatments. Majority of the females don't visit a doctor due to ignorance, or unawareness of the disease, some cannot afford the expenses, in some families women health is not taken seriously. The purpose of this study is to provide awareness about women's health and the homeopathic treatment that helps in curing the disease. When a woman experiences no relief from external treatments, a homeopathic remedy, to balance the vital force will help the particular infection. But if the symptoms tend to reoccur or seem to be part of poor health or low immunity than a constitutional remedy based on totality of symptoms is to be considered.

Methodology & Theoretical Orientation: The study was done to find the utility of homeopathic medicines in patients suffering from menorrhagia, UTI, PCOD, hot flushes etc. some of the women suffering from mental stress were counseled. Case taking was done on the basis of principles of homeopathy through repertorization.

Findings: Many patients were treated and cured. Homoeopathic medicines such as Sabina, calc, carb, sepia, Fraxinus, Bryonia, Rhus tox, causticum etc have been used. These medicines cured cases of fibroid uterus, PCOD, dysmenorrhoea, etc. 47% patients showed history of stress while 20% had family history. Constitutional remedies like tuberculinum, Natrum Mur etc were given.

Conclusion & Significance: Women suffering with health problems need help. Homeopathic medicines help in curing them both physically and also the mental symptoms were considered in each case taking. Repolarization help in finding the most simillimum medicine that cures a patient completely. 0.5% of the patients remained untreated as they discontinued their treatments.

Biography

Sandhya Khanna is a homeopathic doctor practicing since 2011. She has her expertise in treating cases through homeopathic case taking and repertorization. She has made this data after years of hard work and research while treating patients. She has good clinical and therapeutic knowledge, providing assistance to the patient through homeopathic medicine. She has good communication skill that helped in collecting proper and correct data from the patients and this helped in curing cases. Hence a different approach was made to diagnose a disease and treating them.

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