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Results of *Moringa oleifera* leaf tablets to decrease hypertension in hypertensive patient of tambon sunthornnivas district health promotion hospital, Wat Pradu, Amphur Muang, Surat Thani province

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Thailand is undergoing a health-risk transition which increases chronic diseases, particularly hypertension. Thereby, health professionals who provide primary health services, especially nurses, need to follow patients regularly on antihypertensive therapy. Alternative Medicine and Complementary Therapy is now widely used along with conventional therapy among persons with both acute and chronic illness. *Moringa oleifera* Lam. has pharmacotherapeutic activities that decrease hypertension. Leaves part of this plant to contain fluid extraction, ethanol, niazinin A, and B etc. This study with one-group pre - posttest design aimed to compare the blood pressure levels at pre-intervention of 3, 2 and 1 month by only using anti-hypertensive drugs and post-intervention of 0-12 weeks using co-application of *Moringa oleifera* leaf tablets. Forty-four samples were selected from hypertensive patients of Tambon Sunthornnivas District Health Promotion Hospital, Wat Pradu, Amphur Muang, Surat Thani Province. The research instrument was an anti-hypertensive property of *Moringa oleifera* leaf tablet used for hypertensive patient of Tambon Sunthornnivas District Health Promotion Hospital, Wat Pradu, Amphur Muang, Surat Thani Province questionnaire. The collected data were analyzed via descriptive statistics and Repeated measures ANOVA. The result revealed that participants had systolic and diastolic levels were significantly decreased (p<0.05).

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