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Cassia sophera: The unearthed poly crest

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The plant is found throughout India and in most tropical countries. It is common in wastelands, on roadsides, and in the forests. For the preparation of medicine its root bark is used and for its efficacy in respiratory disorders, it is being used by ancient Indian physicians. Dr BK Basu has proved this drug on himself. He has also recommended in common cold and asthma. Cassia sophera is represented in around 49 rubrics in synthesis repertory and altogether 1231 rubrics in entire synthesis repertory, yet the medicine remains underused. Cassia sophera is widely used for its anti-allergic properties. Its ability to bring down Immunoglobulin E and Eosinophilic counts are well documented. But Cassia sophera still remains under proved and underused, Mother tincture earns good results in most of the cases. Central Council of research in Homeopathy has given extensive proving of this medicine yet the clinical use remains restricted. The clinical verification of constitutional features of Cassia sophera is done in the study and many symptoms were re-confirmed. Cassia sophera was used in a number of cases from a Migraine, Sinusitis, IBS, Haemorrhoids, Tinea Cruris etc., and results showed that Cassia sophera still remains very much unearthed and underrepresented in Repertory.

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