

3<sup>rd</sup> International Conference on

# Holistic Medicine and Nursing Practice

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### Recurrent vulvovaginal candidiasis: Clinical manifestations, diagnosis, pathogenesis and personalized therapeutics with homeopathic medicines

Vulvovaginal candidiasis is one of the more common gynecological complaints seen in a healthcare setting and bears a significant financial, emotional and physical cost for women. It is estimated that up 75% of women will experience one episode in their life, while 5-10% will have recurring episodes. For women who have three to four episodes within a year are diagnosed with recurrent vulvovaginal candidiasis (RVVC). In the United States alone it is estimated that 3 million women suffer from RVVC. RVVC presents an increasing challenge in clinical as experts have warned that the prevalence of vulvovaginitis will increase due to antifungal resistance and an expected rise in non-*C. albicans* species will present further challenges in treating RVVC. This workshop will focus on facts and myths of RVVC, clinical manifestations, diagnosis, potential pathogenesis and the potential benefits from personalized treatment with homeopathic medicines with 3 case samples.

#### Biography

Vijay Nielsen holds a diploma in homeopathic medicine from Dr Nielsen's Homeopathic Medical Education & Research Centre Inc and has completed his fellowship at Vinayaka Mission's Hospital (Salem, India). In 2005 opened his private practice, Nielsen Clinic, where he specializes in women's health and dermatology, combining homeopathic medicine with a clinical approach. His clinic has won numerous awards, and he was recently selected as one of Impact Magazines Top Doctor for 2018. He is a published author in the Journal of Pharmacy & Pharmaceutical Sciences and has a #1 Amazon Best Seller (Living With Heart - coauthored).

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