3rd International Conference on

Holistic Medicine and Nursing Practice

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Joshua Dunsky DC

Dunsky Rehabilitation & Spine Center, USA

The effects of the TDOS syndrome (toxicity, deficiency obesity, and stress) on human life and what can be done about it

A toxic overload is an understatement in today day and age. Since WWII we have been introduced to over 100,000 industrial chemicals into our lives. Chronic illness, obesity, and deficiencies have never been so profound. Studies will be disclosed to show the correlation. We will discuss how the body can naturally dismantle these deadly toxins and excrete them safely if in the right physiological state. We will review the tools and behavior that can inflate illness as well as habits that can assist the body to organically repair itself.

Learning Objectives: (a) The attendee will learn the magnitude and prevalence of deadly toxins in our environment. (b) The attendee will learn the source of these toxins. (c) The attendee will learn how and why our plants and food is deficient in the essential micronutrients. (d) The attendee with learn how and why deficiency causes illness and disease. (e) The attendee will learn the physiology of obesity. (f) The attendee will learns methods and behaviors to assist the bodies process to be healthy at any age.

Biography

Joshua Dunsky DC has been treating peripheral neuropathy and spinal degeneration using advanced non-invasive technology for 19 years. He focuses on the "whole person approach." This approach to wellness means looking for underlying causes of any disturbance or disruption (which may or may not be causing symptoms at the time) and make whatever interventions and lifestyle adjustments that would optimize the conditions for normal function. Using this unique approach, he is able to assist physiology to accelerate and/or maintain a journey to good health. He is a private business consultant who is highly sought after for his program and therapy implementation.

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