

6th International Conference and Expo on

Acupuncture and Oriental Medicine

April 18-19, 2018 | Las Vegas, USA



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State-of-the-art Meridian diagnostics in the image display of the effect of auricular acupuncture and complementary-integrative methods

Background: We wanted to find out if the successful effects of energy based methods and therapies can be displayed in images to compare the status before and after intervention. We examined Qigong meditation, introductory and big tree exercises, 3-1-2 Exercises, Tibetan 5 yoga, Pranayama, applied kinesiology and auricular acupuncture methods and therapies.

Methods: A status assessment was made by using the MeriDiM® meridian diagnostic instrument. After the application of the methods/treatments to be compared we again made a status assessment to see whether the energy change may be shown.

Results: The exciting results reflect how significant change the above-mentioned methods and treatments cause in the energy level of the meridians.

Conclusion: Our practical experience seems to confirm that during the various TCM interventions into the energy system a change occurs in order to reach a balance. We are able to display and track this change in images by using comparative bar graphs. Therefore, even if no symptoms and complaints exist it is perceivable that on the energy level pathological processes have already started. Through the release of energy blocks (by using various methods) the optimal balance of the meridians is restored, consequently, the physical and mental balance of the body is also restored holistically

Biography

Szechenyi István is psychologist-acupuncturist, got his diploma in the Eötvös Lóránt University of Sciences, Faculty of Education and Psychology. After that he passed the acupuncturist exam of the National Acupuncture Detoxification Association (USA). He has founded and he was co-president of the Hungarian "Dripstone" Association for patients suffering from vision problems for the aim to help to increase the life quality of handicapped people. After that he participated in the post-graduate level course about the Traditional Chinese Medicine. He completed a special acupuncturist course and received an Acupuncturist Diploma from the Haynal Imre University of Health Sciences. All these were followed by the next diplomas: Acupuncture Detoxification Specialist (NADA trainer), VOLL's electroacupuncture diploma for theoretical and practical basis.

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