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Integration of acupuncture with modern healthcare

Jingduan Yang

Thomas Jefferson University, Philadelphia

Acupuncture is one of the major therapeutic modalities of traditional Chinese medicine. It is based on unique body of knowledge from this ancient medical system on the balance and imbalance of human energetic systems in the process of human health and illness. It presents barrier for modern healthcare system to include acupuncture due to the fact the energetic system is invisible this far too human eyes and imaging technology. However, it is human energy, a life force called Chi in Chinese medicine, that drives biochemical and physiological process of human body that maintain our mental and physical function and anatomical integrity. Therefore, acupuncture and traditional Chinese medicine should be an essential component of the modern health care practice, which has strength in taking care of human structural and biochemical health, but weak or absent in understanding and treating human energetic dysfunctions. The increasing clinical evidence shows that adding acupuncture in the treatment protocol for chronic illness and pain has significantly improved the quality of care.

Biography

Jingduan Yang is a board-certified Psychiatrist, expert, author and educator on classic forms of Chinese medicine. He is the author of *Facing East: Ancient Health + Beauty Secrets for Modern Age*, for which he joined with style icon and wellness advocate Norma Kamali to reveal the ancient healing secrets that will help maintain and restore vitality, health, and beauty. He received his neurology training in China; completed a research fellowship at Oxford University in UK; psychiatry residency at Thomas Jefferson University in Philadelphia; and a fellowship of integrative medicine at the University of Arizona. He is the Founder and President of Tao Institute for Modern Wellness, the Director of the Oriental Medicine and Acupuncture and Assistant Professor of Psychiatry at the Thomas Jefferson University and faculty of Integrative Medicine Fellowship at the University of Arizona. He is the author for upcoming *Textbook of Acupuncture* by Oxford University Press in 2016.

dryang@taoinstitute.com

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