

# 4<sup>th</sup> Global Acupuncture & Therapists Annual Meeting and International Conference on Holistic Medicine & Holistic Nursing

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## Treatment of COPD with oriental medicine

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600,000 million people worldwide suffer from Chronic Obstructive Pulmonary Disease (COPD). The current method of treatment for those who are diagnosed has held a standard of 'one size fits all' by allopathic medicine. Potentially harmful pharmaceuticals, which include stress induced side effects, and costly hospitals visits. This generation of treatment has become an accepted norm & standard of care by most Western medicine primary care practitioners. Recent legislation, such as the Affordability Care Act (ACA) is providing a clear opportunity for Eastern Medicine to be fully integrated with a new paradigm for the treatment of the COPD patient. With the shift from "Fee for Service" to "Pay for Performance", there has been significant interest from the allopathic community to include effective complimentary options such as Acupuncture for COPD. The benefits that have attracted the attention of the Western practitioners has been the efficacy in patients that receive acupuncture and Chinese herbs vs. those that have followed the traditional treatment plan that has not included alternatives using prevention & wellness to help maintain and control exacerbations of patients coping with COPD. The treatment plan that uses Oriental Medicine has not only shown to be safe, in a low risk setting but has also demonstrated a cost saving to the overwhelmed and burdened system to CMS & 3rd party payers. With the goal of providing individualized treatments and improving patient outcomes, Oriental Medicine integration has the potential to drastically improve the quality of life for those diagnosed at a fraction of the current cost under the ACA. This session will provide you with examples of how to treat COPD in the clinic setting yielding high efficacy using acupuncture and herbs. Treatment for acute exacerbations as well as the chronic states of COPD will be reviewed. Follow ups for health and wellness in maintenance and prevention of future exacerbations will be presented.

## Biography

James Yansick, Doctor of Oriental Medicine, completed his Master's in Oriental Medicine at the prestigious IICM in 1998 in Santa Fe, NM. Working with healers & Eastern medicine scholars from all over the world, he gravitated toward Internal Medicine and Pulmonary Care. He currently is on staff as a Registered Respiratory Therapist at Robert Wood Johnson University Hospital located in Hamilton NJ. He holds a seat on the Integrated Medicine Board as a member and offers lectures yearly addressing the benefits of Oriental Medicine for many conditions not seeing results with allopathic medicine. He is often sought out for his knowledge and expertise in private consults. He earned his MBA in 2015 from Stevens Henegar Independence University/Salt Lake City, UT. He is currently involved in a private business venture, which will bring Acupuncture & Oriental Medicine to the forefront of health care in the USA. He is at work completing a text that utilizes Taoist concepts of healing which he plans to publish in 2017. He is also at work with hospitals and private western allopathic practitioners that seek an alternative to the "revolving door" for the treatment of COPD. He is available for treatment upon request.

## Notes: