

# 4<sup>th</sup> Global Acupuncture & Therapists Annual Meeting and International Conference on Holistic Medicine & Holistic Nursing

July 14-16, 2016 Philadelphia, USA

## Safe and effective treatment of various cancers, as well as myocardial ischemia, memory and other brain problems using optimal doses of vitamin D<sub>3</sub> and taurine or special use of specific acupuncture points true ST-36 with or without PC-6 and SP-6

Yoshiaki Omura<sup>1,2</sup>

<sup>1</sup>New York Medical College, USA

<sup>2</sup>International College of Acupuncture & Electro-Therapeutics, USA

Our recent research indicated that in most of the cancers we examined, we often found the following abnormalities. In a majority of the cancers, including breast cancer, ovarian cancer, uterus cancer, as well as various adenocarcinomas, including those of the esophagus, stomach, colon, pancreas, & prostate gland, we found significant Human Papilloma Virus type 16 (HPV-16) infections. In these cancer tissues, we found Vitamin D<sub>3</sub> receptor stimulant, 1α, 25 (OH)<sub>2</sub>D<sub>3</sub> is markedly reduced. As a result, by giving optimal dose of Vitamin D<sub>3</sub> 400 I.U. 3 times/day, cancer markers such as Oncogene-C fosAB-2, Integrin α5β1 and 8-OH-dG were significantly reduced. It was supplemented by additional optimal doses of ω3 fish oil (EPA 180mg with DHEA 120mg) and Cilantro tablets. Recently, O-ring test positive ω3 fish oil has become very difficult to obtain. Additionally, widely used Vitamin D<sub>3</sub> 2000~5000 I.U. or higher dose often promotes cancer. Meanwhile, we discovered significant reduction of Taurine in every cancer tissue, and found that optimal dose of Taurine (175mg) has an equal or even superior anti-cancer effect than optimal dose of Vitamin D<sub>3</sub>, as well as the beneficial effect of increasing Acetylcholine and DHEA, which is required for improving memory & brain functioning and myocardial circulation. When we combined the optimal doses of Vitamin D<sub>3</sub> and Taurine, we found the most significant safe, effective anti-cancer effect. This combination excretes a large amount of HPV-16 and Lyme Borrelia Burgdorferi, toxic substances, and metals in the urine. Before using Vitamin D<sub>3</sub>, we used specific acupuncture points TrueST-36 as well as special stimulation of acupuncture point PC-6 located near the wrist, with the 300 times manual stimulation of TrueST-36 via inserted press needle more than 3 times/day. According to our study, there is no acupuncture point at so called traditional ST-36, which is located 1 Cun lateral from the edge of anterior tibial bone, but no acupuncture point exists there. We found TrueST-36 press needle stimulation of 300 times both sides, normal Telomere significantly increases, and cancer parameters become practically zero. Circulation of entire body, including heart & brain, improved. This can be done without needles, since True ST-36 exists next to anterior tibial crest and can be stimulated by simple up and down motion with finger pressed next to the anterior tibial bone. 14 years ago, we had one male engineer with very malignant brain tumor anaplastic astrocytoma with frequent convulsions, who had already been operated on 3 times at 2 university hospitals, the last 2 being in California. The tumor was removed by brain surgery, but it always came back rapidly. Neither chemotherapy nor x-ray therapy could stop it. The university hospital told him that they could not stop his tumor, with very poor prognosis. However, press needle stimulation of True ST-36 with ω3 fish oil and cilantro stopped brain tumor growth, and the patient is still doing part-time work 14 years later. Many cancer patients were treated with similar treatments as well as for problems of the brain and heart. In case of intractable pains, as well as memory problems, we discovered that pericardial meridian actually corresponds to and connects to adrenal gland. At PC-6 acupuncture point there is a large amount of DHEA & Acetylcholine. When acupuncture needle is inserted to the PC-6 that is inserted toward direction against flow of the meridian, not only did the entire meridian and opposite side of hand have significantly increased DHEA level, but also neck & brain produced significant improvement in circulation. Although for cancer, True ST-36 is most beneficial, for other problems such as brain and cardiac problems, PC-6 increased both DHEA and Acetylcholine very significantly. As a result, it was also highly beneficial for pain. In case the use of needles is not desirable, we can achieve a similar effect through manual stimulation if the patient is given proper instruction after sterilization of fingers. SP-6 was used when pancreas, kidney & liver are involved.

### Biography

Yoshiaki Omura has received his Oncological Residency training at Cancer Institute of Columbia University & Doctor of Science Degree through research on Pharmacology-Electro-Physiology of Single Cardiac Cells *in-vivo* and *in-vitro* from Columbia University. He researched EMF Resonance phenomenon at Graduate Experimental Physics Dept., Columbia University. He published over 270 original research articles, many chapters, and 9 books. He is currently Adjunct Prof. of Family & Community Medicine, NY Medical College; President & Prof. of Int'l College of Acupuncture & Electro-Therapeutics, NY; Editor in Chief, Acupuncture & Electro-Therapeutics Research, *Int'l Journal of Integrative Medicine*, (indexed by 17 major int'l Indexing Periodicals); Formerly, he was also Adjunct Prof. or Visiting Prof. at Universities in USA, France, Italy, Japan, Korea, China, etc.

[icaet@yahoo.com](mailto:icaet@yahoo.com)