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A critical appraisal of semen abnormality-A precise Ayurvedic model

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Ayurveda system of health is the one of the World's oldest holistic system of healthcare that has its origin in India. The unique healing process of Ayurvedic science has enabled it to gain popularity gradually among people in recent years. Growing modernization, changing lifestyles and increase in the variety of diseases has driven people towards finding a natural way of healing and Ayurveda is rich for this work. Any substance or procedure (Diet, Medicines or Lifestyle management) which helps to have healthy progeny from generation to generation provides instant vigor, exhilaration, stallion sexual vigor, enhance the body tissues and maintain the state of Semen even in the aged persons is called as Vajikarana. Vajeekaran an ancient Andrology deals with fertility and eugenics described uniquely only in Ayurveda. Semen (Shukra dhatu) an important aspect in male fertility is grouped under seventh element (dhatus). Ayurveda classics described formation, features, and functions of normal Semen/Sperm/shukra. Amon.

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