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A study based on the influence of moon on human mind with special reference to depression

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In purusha sukta of Veda it is said that 'chandrama manso jatah' which means moon is the signification of mind. The moon plays a key role in Indian Vedic Astrology. It is used as an ascendant and all transit predictions are made from the position of moon. The stability, progress, happiness and prosperity of a human being are mainly depending upon one's physical-mental status. Amongst the nine planets, moon is the representative of several elements like water, places, mother, heart, mind, sea food, pearls, blood, other fluids in the body, petroleum products, emotions, personality etc. If in horoscope moon is placed at good position then it gives good results as for example the person could be polite, humble, happy, intelligent and passionate. Apart from this he/she can be good looking, beautiful, healthy, sympathetic, wealthy, famous and sweet spoken. But if moon is placed in bad condition / debility, or conjunction with bad planets then it will indicate the symptoms like a person with weak body and weak mind, be pitiable and ailing. One will be jealous, proud, arrogant, lawless, miserly, extremely passionate and lacking humility. Depression is a common and serious medical illness that negatively affects how you feel, the way you think and how you act. Depression causes feeling of sadness and/or a loss of interest in activities once enjoyed. It can lead to a variety of emotional and physical problems and can decrease a person's ability to function at work as well as at home. Keeping this in view, the author has undertaken a case study with the use of Vedic Astrology to find the causes of depression in horoscope. Position of moon is very important to find out the problem of depression. With help of dasha system, transit system we can also find out the timing and state of depression and along with the help of some traditional remedies depression is also treatable. The objectives of the research paper are: discuss the signification of moon, the relation of moon with mind, to observe the effect of position of moon in horoscope and its impact on mind with relation to depression and to discuss the traditional remedies on depression.

Biography

Prakash Kulkarni has completed his study of performing various types of homa and shanti. He has also completed his Diploma in Vastu Shastra from KaviKulguru Kalidas Sanskrit University and now he is doing various spiritual rites in all parts of India. He is the Director of Pandit Ji Seva, a premier Astro-Vastu-Spiritual service organization which helps people about astrology and various types of shanti.

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