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Seven chakras karma and tarot cards for overall wellbeing**Jasmi Doshi Sarvaiya**

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Fortunately, I was blessed to learn how to read Tarot and a student of Jain Philosophy. Always a question used to come to my mind that, "What can we do for our Karma Nirjara?" Can there be any other way apart from our ways shown in text? No, Dhyan, Dharna and Samiti are the only ways. If we can meditate on our higher selves i.e. Tirthankaras and illuminate our Leysha to the golden white light and attain our ultimate goal – i.e. Siddhpad.

Meditate on our Seven Chakras. Each Chakra can be cleaned by doing bhakti or namsmaran of the relevant Tirthankar. There are other alternative ways i.e. each Chakra is ruled by different therapies i.e. Rudraksha Therapy, Colour Therapy, Aroma Therapy, Crystals and Gemstones, Affirmative Quotes, Tirthankar Yantras, Tattvas and Choghadiya (Time).

This is the 21st Century – The Modern Era of Fast Life where people don't have time. The youngsters are smart and intelligent; you can't force them to believe anything. They need logic and scientific reasoning for our religious practices. This thing has given a spark in my mind to create something that can generate curiosity in young minds and they return to our true values.

Being a Tarot reader, I had many young people coming up with their questions and with the blessings of Universe, I could suggest them some remedies and it used to work for them. I always used to wonder, "what karmas are fetching them to me?". You have to bear your karma. Nirjara is only possible through tap, jap and dhyan.

An idea of conceptualizing and designing Jain Tarot Cards splurged in my mind.

In Rider Waite Tarot deck, we have 21 major arcana and 56 minor arcana.

In this Jain Tarot Cards which I have named "CHAITYA" means "The Soul" there are 24 major arcana where we meditate on our 24 Jain Tirthankars. In minor arcana there are 49 cards, divided in 7 minor arcana having 7 cards each.

Publication –

1. Numero Tarot Columnist in Afternoon
2. Columnist in Parsi Times
3. Columnist in Bliss Equity Magazine.
4. Columnist in Voice of Ghatkopar
5. Random columns in Dabang Dunia, Dainik Dakshin

Awards & Appreciations –

1. Doctrate for Tarot in Par Excellence by ISHMA World Foundations.
2. Ambassador of Zoroastrian Collage for UN CSW-61 at New York

Biography

Jasmi Doshi Sarvaiya has been awarded doctorate for creation of jain tarot cards, based on 7 chakras first time in the history of Jainism, after completion of M.A. in Jain philosophy. She is a reiki master Gokuikedan from Spanish Reiki alliance, 5th in a lineage of Mikao usui. A certified tarot card reader from indo american society, a graphologist, astro gemologist, numerologist, palmistry, pyra vastu expert, access bar practitioner, Aura and personal energy manager, power yoga and 5 tibetian rituals trainer, coloumist in afternoon, parsi times etc. she has done industrial certification course from press club in PR and media mgt. A chairperson of hem vijay foundation a ngo.

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