

2nd International Congress on**RESTORATIVE & ALTERNATIVE MEDICINE**

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***Helen Bowman¹ and Beatrix Hintermair²***Nambudripad's Allergy Elimination Technique, UK¹Nambudripad's Allergy Elimination Technique, Austria²**Nambudripad's Allergy Elimination Technique (NAET): A bright new horizon balancing energy in the body for better health using traditional Chinese medicine, acupuncture, kinesiology, and chiropractic massage**

This revolutionary technique was developed by Dr. Devi S Nambudripad, MD, DC, LAc, PhD, in 1983 in the USA and is practiced by over 16,000 medical practitioners worldwide. NAET is a unique method to balance energy blockages in the meridians to treat allergies and all manner of ailments. NAET works on the basis that anyone can be allergic to any substance, and these allergies can cause illness. NAET combines western science, kinesiology, chiropractic, acupuncture and nutritional therapies. NAET is a non-invasive technique, without unpleasant blood or skin tests, injections or medication. Firstly, finding sensitive substances which trigger a reaction and then to target these with pain free and harmless treatments. NAET is structured, detailed and comprehensive. Looking at how the technique is conducted and built from allopathy, western sciences approaches, kinesiology, chiropractic, acupuncture, and, nutrition. Many people who are feeling poorly due to undiagnosed food allergies, may take vitamins or other supplements to increase their vitality after they get treated for specific allergy. If they happen to be allergic to the nutritional supplements they are taking, this can make them feel worse. Only after clearing those allergies, can their bodies properly assimilate them. Cases of patients from eczema, salmonella poisoning to scoliosis will be reviewed along with the current clinical study in autism.

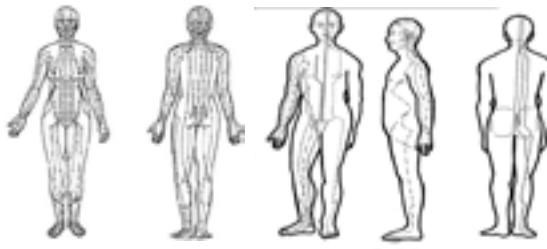


Figure: Balancing energy in the body

Biography

Helen Bowman, Naturopath, Acupuncturist, Homeopath, NAET Practitioner & Instructor with qualifications in Biomedical Sciences, Naturopathy, Toxicity, Detoxification, Fasting, Diet, Nutrition, Homeopathy, Herbal Medicine, Tissue Salts, Bach Flowers, Ear Acupuncture, Ear Candling, Chinese Diagnostic, Iridology, Psychology, and Clinical Research. With a career initially in university laboratory research in genetics, bacteria and viruses, then international gene research, gene sequencing and cell membrane transport. Next into clinics, surgeries and hospitals with GP's, and Consultants at the cutting edge of drug and medical device research, medical ethics & the side effects of drugs. Her international role included teaching doctor's therapeutics, clinical research, medical ethics and methods of testing pharmaceutical medicines worldwide. From 2014-2016 headed up NAET Europe overseeing the NAET organisation, membership, teaching, and, instructor, practitioner and patient support in liaison with Dr Devi Nambudripad, and, since January 2017 is the Principal of the NAET Training Institute.

Beatrix Hintermair is certified NAET therapist and instructor, certified WEGA Feng Shui consultant and Prana Vita energetic. Beatrix found NAET through her own severe allergy and with NAET she was very successfully treated until the complete recovery. So it followed up to train as a NAET practitioner, and this year is training in NAET Europe. Other areas of work are kinesiology, Prana Vita, WEGA Feng Shui, and Radiesthesia.

info@naetraininginstitute.com
info@hintermair.net