

2nd International Congress on**RESTORATIVE & ALTERNATIVE MEDICINE**

November 06-07, 2017 | Vienna, Austria

Community Development Trust: Asha kendra**Suresh Shelke**

Community Development Trust, India

- Asha Kendra is a vibrant project of Community Development Trust established on 25 Jan. 1984 at village Puntamba, Maharashtra, India.
- Asha Kendra is a hospital cum rehabilitation centre spread across 18 acres of land with eco friendly infrastructure surrounded by huge number of trees which breathe pure breeze to cure the patients!
- 'Asha' means 'Hope' & thereby 'Asha Kendra' standing for a 'Centre of Hope'.
- With the character of humanitarian service & ethos, Asha Kendra has evolved & emerged as a ray of hope for millions of patients who are suffering from disabling diseases like stroke & other neuro muscular disorders.
- Asha kendra has carved a niche for itself in the field of management & rehabilitation of stroke . It is contributing significantly in promoting Alternative / Holistic health by treating almost 65000 (sixty five thousand) patients per year who come from all across India. Perhaps it is the largest centre in India for rehabilitation of stroke patients with alternative therapies.

Our Mission -

- Fitting the Unfit- Fit to Survive.
- To Heal with Zeal.
- Bringing the Holistic & Alternative therapies within 'reach' of 'poor' & accessible to rich.
- Promoting 'Alternative Therapies' to such an extent to make them 'Mainstream Therapy'!

Therapies we do-

- In Asha Kendra we have designed our own 'Unique Treatment Pattern' which has actually evolved with 3 decades of dedication, research & vast experience.
- Asha Kendra's treatment pattern is a Unique integrated mosaic of alternative therapies which consists of Acupuncture, Panchakarma, Physiotherapy, Yoga, Nutrition & Dietetics, Ceragem & speech therapy along with modern medicine which we do simultaneously under one roof.
- At Asha Kendra we basically treat & rehabilitate patients suffering from stroke [i.e. Cerebro Vascular Accident] which presents as hemiplegia, monoplegia or paraplegia, cervical & lumbar spondylosis, facial palsy, cranial nerve palsies, cerebral palsy, sensory motor & peripheral neuropathies, muscular dystrophy, Parkinson's disease, frozen shoulder, arthritis, GBS, motor neuron disease, migraine, diffuse axonal injuries etc.

Contact us-

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