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## The treatment of amblyopia with laser acupuncture

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**Introduction:** Amblyopia is defined as the eye condition with reduced vision. It will not be corrected by lens or other instruments. The brain cannot acknowledge the image of the amblyopic eye. It is common in children and affects the learning of them. The most treatment is that a patch is placed on the normal eye. But sometime, the vision still not recovery.

**Method:** Laser acupuncture is a safe and painless treatment for patients who are afraid of acupuncture with fine needles. We used laser acupuncture on the acupoint “Qingming” (BL1) and Qiúhòu (EX-HN7). The laser acupuncture is performed by doctor. Patients received treatment 2-3 times per week. Every treatment time is about 1 minute for one acupoint.

**Result:** We observed about 20 children with amblyopia. They still use patch cover treatment for amblyopic eye. But some children got vision improved after 2 months. Finally, we found about 80% children that they can see things clearly. Even some child refused patch covered got the vision improved.

**Conclusion:** In clinical, we used acupuncture on periocular area acupoints. But it will lead to bruise around the periocular area. Besides, children may be afraid of needle acupuncture. After receiving laser acupuncture, they can complete the course of treatment. The vision of the amblyopic eye had been treated and cured.

### Biography

Juan Yinghsu is a Chinese Medicine Doctor in Dalin Tzu Chi General Hospital. He is interested in Traditional Acupuncture and Laser Acupuncture. He is also a Lecturer at Tzu Chi University.

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