

8th International Conference on

NATURAL & ALTERNATIVE MEDICINE

September 25-27, 2017 Dubai, UAE

Personal-holistic approach in treatment of breast cancer additionally to conventional therapy: Case reportDusan Vesovic^{1,2}, Slobodan Dunjic², Jovana Pejic² and Emilija Golubovic³¹Sanitary Medical School of Applied Sciences Visan, Serbia²Dr. Dunjic Center for Integrative Procedures and Supplements, Serbia³Institute for Radiology and Oncology of Serbia, Serbia

Nowadays, breast cancer is the second leading cause of cancer death in women (the first one is lung cancer). The chance that a woman will die from breast cancer is about 1 in 36 (about 3%). The aim of this paper is to present case-report showing that personal-holistic approach in treatment of breast cancer additionally to standard therapy resulted in excellent outcome. 54 year old female patient noticed changes in skin of left breast during spring time of 2015. Immediately she visited her doctor. All necessary examinations were done (laboratory test, physical exam, chest X-ray, ultrasound, scintigraphy, etc.). Upon biopsy, diagnosis of ductal mixed invasive carcinoma was established. Scintigraphy revealed distant metastasis in spine, bones of shoulders, jaws and bones of pelvic region. Tumor marker CA15-3 was extremely high. Patient was suggested to undergo eight cycles of chemotherapy and single shot irradiation therapy. No operation was suggested. Additionally to this treatment, she was subjected to personalized holistic treatment in three phases: (1) Detoxification of body, (2) Supplementation with minerals/trace elements/omega-3 fatty acids etc., and (3) Improving lymphatic circulation. Muscle test was applied in order to ensure that this patient will receive its own therapy which is personally tailored. While irradiation and chemotherapy, she did not have significant side effects described in the literature. Her overall health status was getting better and she was, nevertheless, operated in September of 2015. Two tumors were extracted, as well as, five tumors from Spencer flap. 17 lymph nodes from armpit were removed. All the time, she has been using conventional drugs concomitant with personalized therapy. She is well now and recent scintigraphy showed regression process in bones. This is an example how personal holistic approach used concomitant with standard therapy may be useful in treatment of cancer patients.

Biography

Dusan Vesovic is a Medical doctor possessing Doctorate of Medical Sciences in the field of Preventive Medicine (Occupational Medicine). He also works as the Professor of Occupational Medicine. He is orientated towards personal holistic approach in treating the patients. He deeply believes that the disease is a result of imbalance in human body and when we treat a patient, we need to re-establish homeostasis in his/her body. For that purpose, he believes that personalized therapy of whole body, including spirit and mind should be applied. He is also the Co-Founder of association for personal holistic approach in healing the patients in Serbia and by activity of this association; he provides continuing medical education to all medical professionals. He has published more than 100 papers in various journals at national and international level.

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