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**Personal-holistic approach should be used additionally to conventional therapy in treatment of colorectal cancer: Case report**Slobodan Dunjic<sup>1</sup>, Dusan Vesovic<sup>1,2</sup>, Jovana Pejic<sup>1</sup> and Emilija Golubovic<sup>3</sup><sup>1</sup>Dr. Dunjic Center for Integrative procedures and Supplements, Serbia<sup>2</sup>Sanitary Medical School of Applied Sciences Visan, Serbia<sup>3</sup>Institute for Radiology and Oncology of Serbia, Serbia

For the great majority of people, the major factor that increases a person's risk for colorectal cancer is increasing age. Risk increases dramatically after age 50 years and 90% of all colorectal cancers are diagnosed after this age. The risk factors are numerous such as the history of colorectal cancers in first-degree relatives, presence of adenomas, ovarian cancer, inflammatory bowel disease etc. The aim of this paper is to present a case report showing that personal holistic approach in treatment of colorectal cancer additionally to standard therapy resulted in excellent outcome. 34 year old female patient noticed changes in bowel movements and the presence of blood in the stool during March of 2016. Immediately she visited her doctor. All necessary examinations were done (laboratory test, physical exam, digital rectal exam, fecal occult blood exam and colonoscopy). Adenocarcinoma of rectum which invaded submucosa was diagnosed. CT scan and magnetic resonance imaging (MRI) revealed enlarged lymphatic nodes in pelvic region with no presence of distant metastasis. 25 cycles of irradiation and 2 cycles of chemotherapy were administered. Following that, she was told she would be operated. Additionally to this treatment, she was subjected to personalized holistic treatment in three phases: (1) Detoxification of body, (2) Supplementation with minerals/trace elements/omega-3 fatty acids etc., and (3) Improving lymphatic circulation. Muscle test was applied in order to determine if the body needs supplements and which one (this ensures that every person has its own therapy which is personally tailored according to his/her body needs and current health status). While irradiation and chemotherapy, she did not report significant side effects described in the literature. She was scheduled for operation during mid of November, 2016. All the exams done before the operation showed that there was no cancer and she was dismissed with no operation. This is an example how personal holistic approach used concomitant with standard therapy may be useful in treatment of cancer patients.

**Biography**

Slobodan Dunjic is a Medical Doctor, completed his Master of Science in the field of Rheumatology. He is the Founder of the Center for Integrative Procedures and Supplements "Dr Dunjić", based in Belgrade, Serbia. In professional career, he is primarily oriented towards personal and holistic approach in healing the patients suffering from various diseases. He strongly believes that we need to treat a person suffering from diseases, rather than disease itself. He is also the Co-Founder of association for personal holistic approach in healing the patients in Serbia and by activity of this association; he provides continuing medical education to all medical professionals. He has published more than 25 papers in various journals at national and international level.

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