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On complementary traditional Chinese medicine with conventional modern medicine each other

The research object of Traditional Chinese Medicine (TCM) and Conventional Modern Medicine (CMM) is the same, human body, their purpose is to help human to treat disease or injury and care health. However they are products in two different historical backgrounds. TCM is born before the development of modern science, while the CMM is the product of the birth of modern science. Therefore, from the basic theory to clinical practice, both are very different. They have the two different ways of thinking: TCM had to use a comparative comprehensive approach and CMM use the way of inductively analysis. The two have different views on the body, TCM is more focused on the course of the evolution of life and CMM is more focused on the outcome of the evolution of life. The two methods of research are completely different, TCM consider the unity of heaven and man as an organic whole from the macro point of view and pay attention to the interaction between the various parts of the body and the impact of nature on the body; CMM consider the body as a combination of parts using the analysis method from the micro of view, its research is deep and nuanced. The two methods of diagnosis are different. TCM is still used for inspection, auscultation and olfaction, interrogation, pulse diagnosis and body palpation. CMM more and more rely on advanced medical equipment. The treatment strategy is different, TCM is a balanced medicine, pays attention to the patient with diseases, at full steam improve the patient's own resistance to the disease, while trying to give way to the evil; CMM is against medicine, pays attention to the diseases of the patient, try to help patients eliminate the disease. The two treatment methods are different, TCM use compound Chinese medicine (formula) applying the theory of Monarch, Minister, Assistant and Guider in order to increase efficacy and less side effect. As long as the syndrome differentiation is accurate, the treatment's reaction likes as rafter drum effect. CMM using pure chemical drugs whose structure is clear, the role of a single target, the effect is indeed. The both medicine like the two opposite polar region, but each has its own merits, is just complementary to each other. Our mission is to let the two to communicate first and then to open up the 21st century new integrate medicine.

Biography

Ben Bao Qi Cao is currently working at Hygieia Clinic, College of Traditional Chinese Medicine Practitioners and Acupuncturists of British Columbia. He is the committee member of Canadian Alliance of Regulatory Bodies of Traditional Chinese Medicine; Vancouver, Canada His research interest includes Acupuncture, Traditional Chinese Medicine and Integrative medicine.

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