

## 2<sup>nd</sup> International Conference and Expo on Holistic Medicine and Nursing

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### **The meaning of healing: Connecting the dots between modern science, holistic anatomy, and enlightenment**

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USA

Medicine and Nursing are professions whose primary goal is healing, has remained unchanged since their inception. Yet, today's healthcare system is built more around treatment than healing. This begs the question: What does truly heal mean in a modern context? Healing is a comprehensive process that involves not only the physical body, but also the mind and spirit. That means understanding healing in a modern context requires connecting science with a more complete understanding of the human body as well as spiritual understanding. In this talk, we will do just that, We will examine the potential and limits of the current scientific understanding of the human being, investigate the mind's role in healing, augment our understanding of physical anatomy with yogic anatomy, investigate the relationship between enlightenment and human anatomy and explore the next steps science must take to integrate these perspectives.

#### **Biography**

Anoop Kumar is a board certified Emergency Physician. He has completed his clinical training in Emergency Medicine in 2011. Eager to make a greater difference in the lives of his patients, he also completed the International Master's in Health Leadership program, earning a Master's degree in Management. His thesis was titled "Managing Anew: Unleashing the Power of Managing to Achieve Health at Every Level." He practices Emergency Medicine.

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