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Exploring a new extra point for sub-acute cough: A case report

Objective: To observe the therapeutic effects of a new extra point Gangshui for sub-acute cough.

Methods: A combination of points on the traditional 14 channels with the new extra point Gangshui for effect evaluation, the three-level criteria were set.

Results: Cough is 80% cured with the first treatment, and no more treatments were conducted on the request of the patient after the second treatment.

Conclusion: The extra point Gangshui can work well with traditional points on channels for sub-acute cough. It deserves much more concerns whether it remains effective alone for diseases related to kidney qi deficiency and liver qi stagnation patterns.

Biography

Tong-zheng Hong (MS in Acupuncture) has been helping people stay healthy with TCM and acupuncture for over 15 years. His research interests include integration of TCM and acupuncture theories with conventional medicine diagnosis, discovering brand new extra points, and less needling for treatments. In addition to speeches on TCM and health to help communities understand how TCM and acupuncture can do for health issues at lower costs, he also published in 2009 a paper *Application of Four Gates to Treat Subhealth* and is working on a book *Quotations of TCM Classics for Diagnosis and Treatment* for TCM and acupuncture practitioners.

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