

5th International Conference and Expo on

Acupuncture and Oriental Medicine

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Yang Institute of Integrative Medicine, USA

Integration of acupuncture with modern medicine

Acupuncture is among one of the most commonly used modalities as a complementary therapy to the conventional medical practice. Accumulated studies have concluded that acupuncture is a recommendable therapeutic tool for a variety of medical conditions including side effects of chemotherapy, chronic pain, chemical dependence, infertility and headaches. Basic scientific laboratory research has suggested that acupuncture helps induce endorphin production, improve blood circulation, hormone balance, immune modulation and neurotransmitter balance. However, the understanding how acupuncture works, its indications for referral, its efficacy, and potential side effects have prevented practitioners and patients from the benefits of using this safe and effective modality in their health care. This presentation is designed to discuss the basic concepts and applications of acupuncture and to help the participants better integrate acupuncture in their daily practice. Objective of this presentation is to let audience know about: Basic theoretic foundations of acupuncture; application, efficacy, and safety of acupuncture and; integration of acupuncture with modern medical practice.

Biography

Jingduan Yang is a board-certified Psychiatrist, Expert, Author and Educator on classic forms of Chinese Medicine. He is the author of *Facing East: Ancient Health and Beauty Secrets for Modern Age*, for which he joined with style icon and wellness advocate Norma Kamali to reveal the ancient healing secrets that will help maintain and restore vitality, health, and beauty. He received his Neurology training in China; completed a research fellowship at Oxford University in UK; Psychiatry Residency at Thomas Jefferson University in Philadelphia; and a fellowship of Integrative Medicine at the University of Arizona. He is the Founder and President of Tao Institute for Modern Wellness, the Director of the Oriental Medicine and Acupuncture and Assistant Professor of Psychiatry at the Thomas Jefferson University and faculty of Integrative Medicine Fellowship at the University of Arizona.

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