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## Modalities of practicing energetic acupuncture

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**Crown Chakra Opening for Expansion and Connection:** The point *baihui* Du-20 is of particular relevance when it comes to opening the energy field to light. *Baihui* opens and enlightens consciousness. It also opens the inner spaces of the body to the direct influence of the soul. The session begins with needling *baihui*. Then a further +4, +8 or +12 needles are inserted concentrically around it to open the crown *chakra*. The four points surrounding *baihui* are the *sishencong* (M-HN-1) points. An additional circle of four needles, *baihui* +8, will lead to a further opening of the crown *chakra*. The third circle of four needles, *baihui* +12, leads to an even more significant opening of the *chakra* and helps to release deep tensions on top of the skull, as several points are located near the gall bladder channel. The application of needles to all these points leads to an extraordinarily wide opening of the crown *chakra*. The 12 points, which surround *baihui*, have been named 'Treasure Points', and also named 'The 12 Points of Soul Light'.

**Grounding the Base, Strengthening the Kidney:** After opening the crown *chakra*, the yang pole of the body, we turn to the yin pole, to strengthen the kidney and activate the first and second *chakras*. Needles are inserted into the points *taixi* (KI-3), *sanyinjiao* (SP-6) and *taichong* (LIV-3). The 'NADA points' of Michael O Smith (auricular heart, kidney, liver, sympathetic and shenmen points) are particularly relevant when activating the kidney and the base. They have a calming and grounding effect on the kidney energy.

**Heart Chakra Harmonizing the Center:** When working with the seven *chakras* and the different modalities of using qi, the centrality of the heart *chakra* is emphasized. It is the fourth *chakra* down from the crown or up from the base. It is also located in the center of the chest, and is the one with exceptional healing energy. It harmonizes and balances, its main qualities being *compassion, love and tolerance*. The associated acupuncture point is *shanzhong* (Ren-17). Adding four surrounding points at a distance of 1 cun from *shanzhong* intensifies its effect, just as with *sishencong* and *baihui*. Furthermore, *shendao* (Du-11) on the back can be chosen as a supplement. These six points help to activate and open the heart *chakra*. Additionally the patient holds his hands in a circle in front of the chest and uses the breath to focus awareness there. The therapist may support the patient by saying: 'Allow your heart to open.' The combination of acupuncture, awareness of the breath, and qigong hand positions lead to a further opening of the heart, an expansion and strengthening of its energy, so that eventually the patient experiences a widening of the heart space and will feel more joyful and humorous.

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## Why the basis of naturopathy and homeopathy is love/528 frequency?

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Naturopathy's basis in science and clinical practice is pure, safe, and effective LOVE—a fact few people realize due to unfair competition and deceptive trade most profitable for the pharmaceutical cartel damaging people and the environment often irreparably, and bringing civilization to the brink of economic collapse, war, and extinction. Meanwhile, scientific advancements in electro-genetics and biophysics shatter that destructive paradigm proving the superiority of natural healing, including the "spiritual" mechanics underlying "healing miracles," and the hydro-electric dynamics active in homeopathy, as best reflected by chlorophyll (528 nm) generating electron-rich alkalizing oxygen relaying the "Electron of LOVE" restoring chemo-electric balance to acidified degenerating systems. Learning Objectives of the presentation are: 1. Comprehending the scientific, musical-mathematical, electro-genetic basis of 528 frequency; 2. Practical applications of 528 frequency science in clinical practice and commerce; 3. Why Bono from U2 recorded *IRIS: Hold Me Close* in 528Hz in loving memory of his mother.; 4. Integrating "medicinal music," "music therapy," and homeopathic formulas vibrating at 528 nm/Hz frequency for "miraculous healing" of patients and our planet.

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