

Ayurveda, Homeopathy and Chinese Medicine

May 18-19, 2017 Munich, Germany**An Ayurvedic concept of cancer and its medical management by Ayurvedic science****Nikhil M Dongarkar, K B Roy, Hemant Toshikhane and Swapnil Raskar**
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In the present era, when the modern thinking and the various researches are taking place, here is an attempt made to understand the basics of cancer in terms of Ayurveda principles. The Ayurvedic description of the pathophysiology of cancer uses traditional concepts translated into a modern context. Although the biomedical treatment of cancer is considered valuable, from an Ayurvedic perspective it results in degeneration and depletion. Taking this into consideration an Ayurvedic approach focusing on strengthening digestion, eliminating toxins, reducing tumor growth, and improving tissue metabolism along with that it does the supportive care management by restoring equilibrium, building strength, and rejuvenation. To understand these concept various Ayurved Classical Books and modern textbooks about cancer along with interviews were conducted with several experienced Ayurvedic clinicians in verbal manner. Hence, it can be concluded that Ayurveda offers a unique perspective on the biomedical diagnosis of cancer and emphasizes restoring wholeness, uses natural remedies, includes a focus on emotional health, and emphasizes prevention strategies. So ultimately holistic approach towards cancer, with total healing and health promotion, with Ayurveda treatment has a great deal of promise in cancer therapy which can be a major part in palliative and supportive care.

Biography

Nikhil M Dongarkar has completed Graduation from Rajiv Gandhi University of Health Sciences, Bangalore and now pursuing Post-graduation from Parul Institute of Ayurveda Vadodara, Gujarat, India.

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