

International Summit on Industrial Engineering

December 08-10, 2014 DoubleTree by Hilton Hotel San Francisco Airport, USA

Ergo & wellness online? Leveraging technology to take your program to the next level

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There's no question that technology is rapidly changing the way companies offer and manage ergonomics and wellness programs and yielding very positive results. But knowing just how to navigate the options that are available can be downright daunting. Should you use technology for risk mapping? Ergonomic self-assessments? Web based training? Implementing fitness programs? Creating in-house social media for peer support? Capturing metrics and data to measure your program's success and ROI? This presentation will present clear and effective strategies to help you incorporate the appropriate technologies to run and manage your programs effectively and efficiently.

Biography

Vivienne Fleischer is passionate about wellness! A concert pianist turned ergonomist (with degrees from Oberlin Conservatory and The Juilliard School) is on this mission to "save the hands of the world" while helping people stave off injuries, take charge of their health and feel their best!

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