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Maximizing your impact: How to look, feel and live like a leader

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Being an impactful leader takes improving both your inner and your outer game. It takes: (1) A lean, fit body filled with energy and vitality, (2) A mindset that propels you to be, do and have more, (3) A dynamic, charismatic and magnetic image that invites people to want what you have, (4) A lifestyle that not only supports but amplifies your growth. It's not as hard as you think when you focus on 4 crucial areas that need to be strengthened in order to become your personal/professional best and Debi Silber, The Mojo Coach® will show you how. She'll share the secrets and strategies you need to create a dynamic leadership presence along with the tools top leaders implement to create that winning edge. You'll learn (1) The 4 crucial areas to strengthen in order to become your physical, mental and emotional best, (2) How your beliefs, behaviors, habits, relationships and stress level are causing health/wellness or illness/disease, and what to do about it, (3) How to purposefully, powerfully and passionately lead your group, team or simply your own children, (4) How to create a dynamic, charismatic and magnetic presence so you convey confidence and trust.

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Global vaccines regulation: Safety and quality

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The World Health Organization views vaccines as an important solution to averting public health crisis. Under EU legislation, vaccines are defined as "medicinal products", and are as such subject to regulatory requirements. As pharmaceutical products, vaccines carry benefits as well as risks. In response to complications and diseases that occur following vaccination, various countries have implemented vaccine-injury compensation programs. In the US, the Vaccines Act of 1986, and the Supreme Court judgment *Russell Bruesewitz et al v. Wyeth et al.* (decided February 22, 2011), substantially reduced the pharmaceutical manufacturer's civil liability, even for mandated drugs. What steps are being taken by the pharmaceutical industry to ensure a higher level of vaccines safety? The best age of tolerance to an antigen; the number of vaccines that have the best clinical outcomes; the spacing out of vaccines; the right dosage; and the lowering of mercury and aluminum levels would be revised and updated via legislation and policy. There should be a way for the regulators to step in and with their teams, define the nature of the vaccines, their quality free of potential toxic reagents, and how and when the vaccines should be delivered. This would however come at a substantial cost to stakeholders, particularly the pharmaceutical industry.

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