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## Nurse training and the need of the trainer to adapt to the trainee's level

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Professional training of nurses in Greece can be accomplished by two different educational structures after senior high school; a two-year cycle, whose graduates become assistant nurses and a four-year cycle whose graduates become full-duty nurses. Trainees of both cycles receive clinical training in various departments of state/public hospitals by nurses with many years of experience. According to the level of the trainees (two-year or four-year cycle students), the trainer-nurse often needs to adapt their educational approach. Particularly, when teaching two-year cycle students, the trainer needs to teach in a more explanatory way and to simplify the teaching subjects/procedures so that these can be comprehended. Furthermore, since these students will not become full-duty nurses but assistants, they are not trained so extensively on invasive procedures on the patients. On the other hand, when addressing four-year cycle students and taking into account the fact that after graduation they will sometimes have to work as full-duty nurses in shifts with minimum personnel, the need of a more intensive and descriptive training cannot be overemphasized. Finally, four-year cycle students usually continue their post-graduate studies with various seminars or Master in Science/PhD studies. In conclusion, the trainer-nurse should adjust their teaching method/approach on their student-nurses' level (two-year vs four-year cycle) and consequently on the duties they will be expected to perform after their graduation.

## **Biography**

loanna Galatianou is a graduate of Technological Educational Institute of Nursing and Technological Educational Institute of Aesthetics and Cosmetology. She has also received a post-graduate Master in Science degree on Cardiopulmonary Resuscitation, as well as the Basic Life Support, Advanced Life Support and Trauma Nursing Core Course certificates. She currently works at the General Hospital of Nikaia-Piraeus "Agios Panteleimon" in Athens (Greece) and she has a 24-year experience at various departments (ICU, Emergencies, Anesthesiology, Neurosurgery).

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