

# 3<sup>rd</sup> Euro Nursing & Medicare Summit

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## Healthcare at home

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There is a tendency that shows us that the domestic provided health care has an ever-growing quality and reliability. From that point of view the healthcare provided in the comfort of his own home makes the patient healthier in a psychical and psychological matter. We took in consideration the in-home nurse care and we made a research over this matter and we managed to gather a lot of information regarding the way this healthcare can be implemented and improved in our own country, Bulgaria. According to the Bulgarian constitution the in-home nursing health care is only seen as a service part of the private sector, our goal is to change that and show that this healthcare should be provided and its beyond needed. Our research covers three different types of people: nurses, patients and students – the medical research was conducted in the period of 2013 to 2014 in Sofia, Bulgaria. The goal of the research was to measure the motivation of the nurses to perform this type of healthcare. We tried to get as much feedback from the patients on how they feel about the in-home healthcare and if they would like such thing to be performed at all. After analyzing the results we encountered a great need for home health care for various types of patients. The nurses also have a good motivation to work with patients in their own homes. We discovered that Bulgaria has qualified personnel that are highly motivated to perform such duties and to help create homes fit for the patient's needs. The problems that we face right now are that there aren't any reglamentations on how to perform this type of health care and the payment that goes along with it.

## Biography

Anna Bursova and Hristina Bratanov are 3<sup>rd</sup> students in the Medical University of Sofia, Bulgaria. Both of the students are the toppers of their class and have numerous participations in scientific forums on an international level. They would like to conduct courses to inform people of the patient's needs and the professional realization in health care centers. They have been awarded with numerous rewards for their participation in scientific forums.

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